

NSS Activities of DSU

STATE-LEVEL SENSITIZATION WORKSHOP

DSU-NSS volunteers attended a state-level sensitization workshop on FCTC Article 5.3 on August 10, 2023 at Aarogya Soudha, Bangalore organized by the Health and Family Welfare Cell, Karnataka, in collaboration with the National and State Tobacco Control Cells. The workshop focused on protecting public health policies from tobacco industry interference. It has provided strategies to implement and enforce Article 5.3, involving health officials, policymakers, and community leaders.





FREEDOM RIDE

DSU students participated in the "Freedom Ride," a biking event from the DSU Harohalli campus to the adopted village of Gottigehalli on August 15, 2023 with an aim to foster community engagement and celebrate Independence Day, strengthening the bond between the university and the local community.



FIRST AID TRAINING PROGRAM

DSU-NSS volunteers attended a First Aid training program organized by the MBA department on August 20, 2023. The program provided essential first aid skills, including CPR, wound care, and handling fractures, through practical, hands-on instructions. This initiative promoted health and safety awareness and prepared students to respond effectively in emergencies, enhancing their community service capabilities.



COMMUNITY DEVELOPMENT PROGRAM - STATIONERY DISTRIBUTION



DSU-NSS volunteers distributed stationery to students at a government school in Gottigehalli, an adopted village of DSU on August 15, 2023. The program supported the educational needs of underprivileged children by providing notebooks, pens, and pencils. It emphasized the importance of education and fostered a supportive learning environment, reinforcing DSU's commitment to social responsibility and community engagement.



SKILL DEVELOPMENT PROGRAM:

DSU-NSS Volunteers conducted creative skill development activities for school students in Paduvanagere, an adopted village of DSU on September 20, 2023. The program included art and craft projects, creative writing exercises, and interactive games, fostering imagination and critical thinking. The initiative aimed to enhance the students' creative talents and personal development.



COMMUNITY DEVELOPMENT PROGRAM - CREATIVE SKILLS:

DSU-NSS Volunteers conducted creative skill development activities for school students in an adopted village of DSU on October 17, 2023. Activities included art and craft workshops and interactive games to nurture talents and creativity. The program emphasized holistic education and reinforced the bond between DSU and the local community.



SWACHATA ABHIYAN:

DSU-NSS Volunteers from the School of Commerce and Management Studies (SCMS) organized a cleanliness drive in Cheelur, an adopted village of DSU on October 17, 2023. The initiative promoted cleanliness and hygiene practices, involving waste collection,



segregation, and disposal activities. The drive raised awareness about sanitation and environmental stewardship.



BLOOD DONATION CAMP:

DSU-NSS Volunteers from the College of Journalism and Mass Communication organized a blood donation camp for university students and staff on November 12, 2023. The event aimed to address the need for blood donations and promote the importance of giving blood. The camp saw enthusiastic participation, contributing to local blood banks and fostering a culture of regular donations.



UBA VILLAGE VISIT

Students from DSU, in collaboration with the Rotary Club, conducted a community outreach program focused on breast cancer awareness and a survey on social services on January 30, 2024 at Gottigehalli Village. The initiative involved 23 students, 3 faculties, and 42 villagers, aiming to educate and gather insights for future community development.





The "Suggi" program provided DSU students with hands-on farming experience in Gottigehalli, focusing on the extraction of raagi on January 30, 2024. The event, involving 45 students, 3 faculties, and 10 villagers, aimed to educate participants on traditional farming practices and the significance of agriculture in the local community.



NSS BLOOD DONATION AWARENESS DRIVE IN T. HOSAHALLI

DSU organized a successful blood donation awareness program in T. Hosahalli village on February 15, 2024. The initiative aimed to educate and motivate the local community about voluntary blood donation. It included educational sessions, dispelling myths, and encouraging participation in future blood donation drives.



NSS VOLUNTEERS PARTICIPATION IN CONSTITUTION OF INDIA CONFERENCE:

NSS volunteers from DSU actively participated in the Constitution of India Conference held at Palace Ground, Bangalore on February 24th and 25th, 2024. They engaged in discussions on various aspects of the Indian Constitution, demonstrating a profound understanding of constitutional principles and contributing to meaningful deliberations on fundamental rights, directive principles, and judicial activism.



NSS VOTING AWARENESS CAMPAIGN:

DSU conducted an awareness campaign on voting enrollment at DSU on February 8, 2024. Campaign aimed to educate students about the importance of voting and assist eligible individuals in the registration process for upcoming elections. It has successfully raised awareness and encouraged active participation in the electoral process.



WATER CONSERVATION CAMPAIGN AT HAROHALLI CAMPUS:

DSU students, led by faculty coordinator Ms. Maitra, conducted a water conservation campaign in response to the escalating water crisis in Bangalore on March 23, 2024. The campaign aimed to raise awareness among students and faculty about the importance of water conservation, with active participation from 30 individuals. Scheduled activities included discussions and interactive sessions emphasizing proactive water management measures, attracting approximately 400 attendees. The event underscored the collective responsibility to address the water crisis and highlighted the urgency of sustainable water practices.





LEGAL AID CLINIC IN BANNIKUPPE VILLAGE:

DSU organized a legal aid clinic in Bannikuppe village, with 40 students participating in a survey among the villagers on March 28, 2024. The survey aimed to gauge awareness levels regarding rights to education, work, livelihood, and access to legal services. The event identified a lack of awareness among villagers about their legal rights and emphasized the importance of community outreach and education to empower individuals with legal knowledge. The clinic suggested ongoing efforts to bridge the gap between legal aid services and rural communities.





INTERNATIONAL FOREST DAY AWARENESS EVENT:

DSU's School of Engineering observed International Forest Day at Government High School, Cheelur village on March 21, 2024. Students and faculty engaged with high school students to raise awareness about forest conservation. Dr. Vinayak Hemadri and Mr Abhijith N conducted informative sessions, highlighting the importance of preserving forests. The event received a warm welcome from the high school staff, who expressed eagerness for future collaborations.



SOLID WASTE MANAGEMENT AWARENESS DRIVE (UBA PROGRAM):

DSU conducted a Solid Waste Management Awareness Drive in Cheelur village on March 18, 2024. Students engaged with village households and the PDO office, promoting effective waste management practices. Volunteers also visited the Government high school to raise awareness about solid waste management



VOTER AWARENESS CAMPAIGN:

DSU students participated in a Voter Awareness Campaign as part of the Unnat Bharat Abhiyan on March 11, 2024, targeting grassroots levels at the government school in Cheelur village. The campaign included interactive sessions, poster displays, and skits to educate villagers and eligible students about voting rights and civic duties. The initiative emphasized the importance of voting as a fundamental aspect of citizenship, fostering a sense of responsibility and promoting sustained civic engagement.



BLOOD DONATION CAMP:

DSU hosted a successful blood donation camp at the SOE block in collaboration with Dr. CDSIMER on April 18,2024. The event witnessed 150 registered donors and 80 individuals expressing interest in donating blood, emphasizing community generosity and promoting public health awareness.



VOTERS AWARENESS CAMPAIGN:

DSU organized a campaign to raise voting awareness at Campus 3, led by the College of Journalism and Mass Communication on April 25,2024 ahead of Lok sabha elections through workshops and interactive sessions. The students educated peers on the importance of civic duty and informed participation in the electoral process.



NO TOBACCO AWARENESS CAMPAIGN - WORLD NO TOBACCO DAY:

DSU organized a No Tobacco Awareness Campaign on World No Tobacco Day on May 31, 2024. Students and faculty undertook initiatives to raise awareness about the dangers of tobacco use and promote tobacco-free lifestyles. The campaign included workshops, interactive sessions, and educational outreach to emphasize the health risks associated with tobacco.



STRESS MANAGEMENT AWARENESS CAMPAIGN - NSS ACTIVITY:



DSU student volunteers conducted a stress management awareness campaign in Kiranagere Village as part of their National Service Scheme (NSS) activities on May 9, 2024. They organized workshops, interactive sessions, and a comprehensive survey to educate the local community about stress management techniques and provide support for stress-related issues.



MENTAL HEALTH AWARENESS CAMPAIGN:

DSU organized a mental health awareness campaign where students wore green ribbons as a symbol of support in the month of May 12, 2024. The initiative aimed to destigmatize mental health issues and promote open conversations within the university community. Activities likely included informative sessions, workshops, and resources to educate peers about mental well-being.



WELLNESS WEDNESDAY:

DSU students conducted Wellness Wednesday sessions to raise awareness about mental health in the month of May, 2024. They engaged in classroom campaigns, delivering informative presentations, discussions, and displaying posters to educate peers about stress management and the importance of seeking support.



WORLD NO TOBACCO DAY EVENT:

DSU hosted an event on World No Tobacco Day featuring Dr. Shalini Thakur, a Surgical Oncologist specializing in Head and Neck Oncology from HCG on May 31, 2024. The event highlighted the health risks of tobacco use, particularly cancers, and promoted healthier lifestyles. Students from various schools actively participated in the interactive session and Q&A segment.



FARM VISIT BY INTERNATIONAL FACULTY:



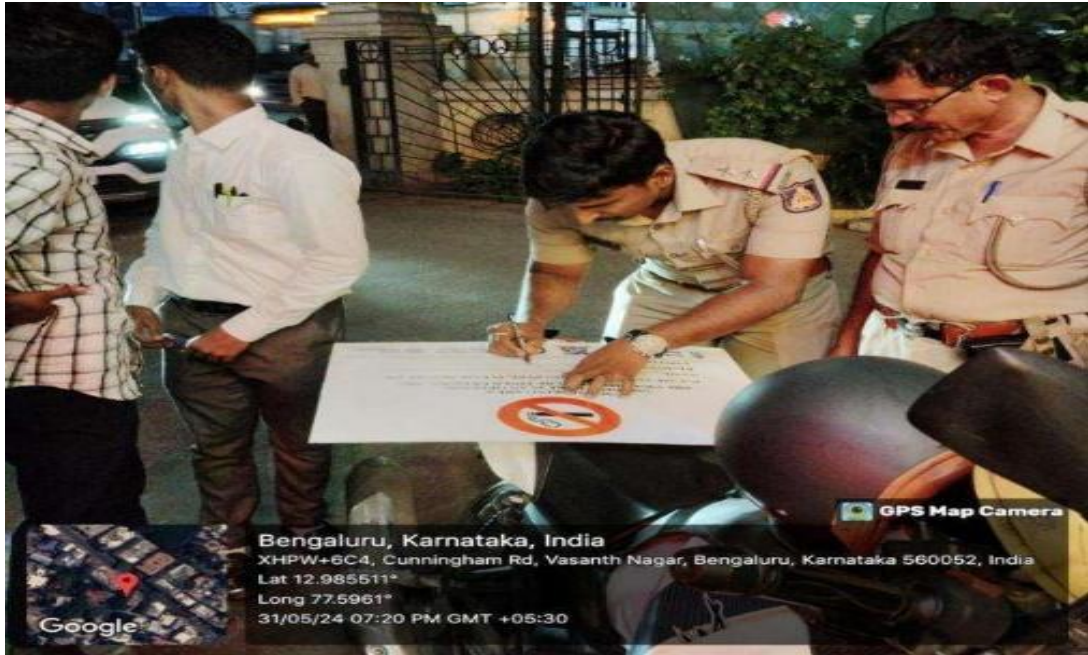
DSU International guest Prof. Steve McKenna, an international faculty member, visited a farm at Cheelur village near DSU's Harohalli campus on May 30, 2024. He explored traditional farming methods, engaged with local farmers, and participated in hands-on activities like planting and harvesting, promoting collaboration between academic knowledge and sustainable farming practices.



POLICE COMMISSIONER'S VISIT ON WORLD NO TOBACCO DAY:

NSS volunteers from DSU, in collaboration with NGO MAAYA, organized an event near the Commissioner's Office on World No Tobacco Day on May 31, 2024. The event included an awareness rally, workshops, a pledge ceremony, and talks by guest speakers aimed at increasing awareness about tobacco dangers and promoting anti-tobacco sentiments among youth.





YOGA SESSION FOR HIGH SCHOOL STUDENTS

DSU-NSS Volunteers celebrated World Environment Day by planting trees on the Harohalli campus on June 5, 2024. The event promoted environmental sustainability and raised awareness about the importance of afforestation. Volunteers planted various trees, enhancing the campus's green cover and contributing to ecological balance.



YOGA SESSION FOR HIGH SCHOOL STUDENTS

DSU-NSS Volunteers of COPT conducted a yoga session for high school students in T. Hasahalli on June 12, 2024. The session promoted physical and mental well-being,



introducing students to yoga postures and relaxation techniques, and emphasizing a healthy lifestyle.



SELF-DEFENSE WORKSHOP

DSU-NSS Volunteers organized a self-defense workshop for students at the main campus on June 1, 2024. The session aimed to empower students with basic self-defense techniques and raise awareness about personal safety. The workshop included practical demonstrations and hands-on practice, equipping participants with the skills and confidence to protect themselves in various situations.

