



Faculty Name:	SEETHI SUSEELA
Designation :	Associate Professor
Experience in Years:	16
Area of Interest:	Lactation and Breastfeeding Support
Email Id:	susireddyrs@gmail.com , suseela-nsg@dsu.edu.in

Mrs. SeethiSuseela pursuing Ph.D in Nursing from Dayananda Sagar University, She is having over 16 years of teaching experience. She is guiding both UG & PG students for research. She has completed step-I Emergency Nursing and Life Support through JeevaRaksha-RGUHS. She is member of professional organizations like TNAI & SOMI. She has **5 Publications & 2 Book Chapters** to her credit. She presented scientific papers in National/International Conferences and received **Best Paper Award** in the year 2023.

Research Papers: National/ International 1. Suseela S.Effectiveness of sitz

bath on episiotomy pain among postnatal

mothers. Nightingale Nursing Times.2012 Aug; 8(5). ISSN: 0975-2188.

2. Chauhan S, Khatun N, Sinha S, Manish, Suseela S. Assess the level of knowledge and attitude regarding breast self-examination among college students. International Journal of Creative Research Thoughts.2022 Dec; 10(12). ISSN: 2320-2882.

3. Yadav L, Suseela S. A study to evaluate the effectiveness of self-instructional module on knowledge regarding human milk banking among antenatal mothers. International Journal of Creative Research Thoughts.2022 Nov; 10(11). ISSN: 2320-2882.

4. Joardar D, Suseela S, Sweet Rose S, Deepthi R, Raj GS, Chakraborty Susmita, Nasal EK. A study to assess the effectiveness of Benson's relaxation therapy on reduction of perceived stress among postmenopausal women at selected rural areas. International Journal of Research and

Analytical Reviews. 2024 Sep;11(3):917-23. Available from: <http://www.ijrar.org/IJRAR24C2380.pdf>. doi: 10.1729/Journal.42536. 5. Chyrmang M, Suseela S. Effectiveness of self instructional module on knowledge regarding myths and realities regarding breastfeeding among primigravida mothers. International Journal of All Research Education and Scientific Methods.2024 Dec; 12(12). Available from: www.ijaresm.com. doi: 10.56025/IJARESM.2024.121124051.

Conference papers:

- 1.Effectiveness of self-instructional module on knowledge regarding human milk banking.National Conference on Transformation of Nursing Research, Sri DevarajUrs College of Nursing, Aug 2023 (**Best Paper**)
- 2.Effectiveness of self-instructional module on knowledge regarding myths and realities regarding breast feeding. International Conference on simulation for nursing fraternity, Sandra Shroff College of Nursing, Dec 2023.
- 3.Effectiveness of self-instructional module on knowledge regarding life style modification to reduce menopausal symptoms. International Conference on Advancing Research Methodologies: Innovations, Challenges, and Future Directions, July 2024.

Book chapters:

- 1.Suseela S. Administration of medications. In: Nursing Foundation-II. 1st ed. Pune: NiraliPrakashan; 2023. p. 9.1-9.92
- 2.Suseela S. Hygiene. In: Nursing Foundation-II. 1st ed. Pune: NiraliPrakashan; 2023. p. 4.1-4.38