



Faculty Name:	Dr.Jamuna P.P
Designation :	Associate Professor
Experience in Years:	16 years
Area of Interest:	Obstetrics & Gynecological Nursing
Email Id:	drjamuna-nsg@dsu.edu.in

Dr. Jamuna P P is a distinguished academic and clinical expert with over 16 years of experience in Obstetrics and Gynecological Nursing, specializing in guiding undergraduate, postgraduate, and Ph.D. students in research. She holds a Ph.D. in Nursing from Himalayan University and is currently pursuing a Postdoctoral fellowship at Eudoxia University, USA. Dr. Jamuna has successfully passed the NCLEX-RN exam from the Texas Board of Nursing and holds an M.Sc. in Obstetrics and Gynecological Nursing from Alva's College of Nursing, Karnataka. A prolific researcher and author, she has published 11 papers in National and International journals and holds a patent for a wearable harness for breastfeeding support. As the President of the Karnataka chapter of the Society of Midwives India and a member of various prestigious academic panels, she has earned multiple accolades, including many Best Paper Presentation awards. Dr. Jamuna is dedicated to fostering innovation and excellence in Midwifery and Nursing Education.

Research Papers: National/ International

1. Jamuna PP. Effectiveness of yoga therapy on menopausal problems among postmenopausal women. The genesis, a peer-reviewed journal. 2021;8(1):1-9. ISSN: 2395-2164. January-March 2021.
2. Jamuna PP. Effectiveness of educational package on body shaming among adolescents. The genesis, a peer-reviewed journal. 2021;8(1):1-9. ISSN: 2395-2164. January-March 2021.
3. Jamuna PP. Effectiveness of Planned Teaching Programme on knowledge regarding selected aspects of reproductive health among adolescent girls in a selected PU College, Moodbidri. IDC International Journal. 2021;8(1):1-9. ISSN: 2395-3365. April 2021.
4. Jamuna PP. "Yoga – Choose stretching over Stressing". IDC International Journal. 2021;8(1):1-9. ISSN: 2395-3365. January 2021.
5. Maternal mortality a qualitative concern. Florence Nightingale Journal of Nursing. 2021;8(2):4-9. ISSN: 5432-2376. March 2021.
6. Jamuna PP, Sarkar S. Effectiveness of structured teaching programme on the importance of feeding colostrum to newborn babies among the primigravida mothers attending OPD at Dr. B. R. Ambedkar Medical College and Hospital, Bengaluru. Int J Creative Res Thoughts. 2023 Jan;11(1):a398.

7. Biswas B, Jamuna PP, Sweet Rose DS. A pre-experimental study to assess the effectiveness of heat therapy on afterpains among postnatal mothers at CDSIMER. Int J Res Anal Rev. 2024 Jun;11(2):345.
8. Jamuna PP, Siddiqua B B A. A study to evaluate the effectiveness of video-assisted teaching program on knowledge regarding menstrual hygiene among adolescent girls in Dayananda Sagar Pre-University College of Bengaluru. Int J Creative Res Thoughts. 2023 Jan;11(1):a562.
9. Jamuna PP, Santham Sweet Rose D. Stillbirth prevention & bereavement care: A comprehensive review article. Int J Res Anal Rev. 2018 Jul;5(3):1.
10. Effectiveness of circular hip massage on pain during the first stage of labour. IDC International Journal.
11. Business Tycoon. Artificial intelligence in healthcare: Revolutionizing diagnosis, treatment, and patient care. Bus Tycoon. 2024 Dec 31;6(1):[page number 51]. Eudoxia Stellar Films; Mumbai, India.

Conference papers:

- Dr. Jamuna P P presented a scientific paper at the National Conference on fostering innovations in midwifery, winning **1st prize in paper presentation** at KLE, Belgaum in March 2024.
- Glad to express for the opportunity to work as an **Organising Secretary** for International Conference on Mixed Research methodology at P.C. Sagar Auditorium & and grateful for given the chance as **Resource person on topic: Communication & Utilization of Research Findings**. The conference attracted 35 Nursing colleges all over Karnataka with the participation of nearly 800 delegates.
- She served as a **Keynote Speaker** and **Resource Person** for the **Workshop on Essential Newborn Care**, held in collaboration with the Society of Midwives India on August 21, 2024, at Ramaiah Institute of Nursing, Education & Research.
- Dr. Jamuna was a **Judge for the Scientific Paper Presentation** at the international conference organized by Krupanidhi College of Nursing on September 4, 2024.
- She presented a **Scientific Paper At The International E-Conference** and was awarded the **Best Presentation Award by Annamalai University**, Tamil Nadu, in 2024.
- Dr. Jamuna received the **Best Paper Presentation award at the National Conference organized by JSS College of Nursing, Mysore**.
- She was a **Resource person for the National webinar on "Strengthening Midwifery - Need of the Hour,"** organized by Sajjalashree Institute of Nursing, Bagalkot.
- Dr. Jamuna also contributed as a **Resource person for the National webinar on "Issues & Challenges in Reproductive Health,"** organized by Masood College of Nursing, Mangalore.
- She received the **Best Paper Presentation award at the multidisciplinary E-paper workshop, Paperology-2, organized by ANA Publications Limited**.
- Dr. Jamuna was awarded **First Place at the virtual National Conference on National Girl Child Day, organized by Narayan Nursing College, Gopal Narayan Singh University, Bihar**.

- Her paper on **Patient Safety Awareness among Staff Nurses** was published in the conference proceedings of the International Conference organized by Koshy's College of Nursing, Bengaluru.
- Dr.Jamuna's paper on **Benson's Relaxation Therapy for relieving minor disorders among antenatal mothers** was published in the National Conference proceedings organized by the Society of Midwives India in Lucknow, Uttar Pradesh.
- She presented a paper on "**Artificial Intelligence in Healthcare: Revolutionizing Diagnosis, Treatment, and Patient Care**" at the **Business Tycoon, Leading the Future** event by Eudoxia Stellar Films, Mumbai, India.
- During her tenure as **SOMI President, Dr. Jamuna collaborated with CONS, DSU, and the Society of Midwives India, with support from Himalaya, to conduct a Symposium on Essential Newborn Care.**