



Dayananda Sagar
University Bengaluru

School of Commerce and Management Studies-PG Program

1. Title: Workshop on Life Skills
2. Date: 27 Jul 2023
3. Time: 10:00 -13:00 Hrs
4. Mode: Offline
 - Online: NA
 - Offline: Venue of the Event G-21

5. Brochure of the Event:

Dayananda Sagar
University Bengaluru

School of Commerce and Management Studies - PG
Presents

**LIFE SKILLS
TRAINING**
A COPE Communication Initiative

27-07-2023
10:00 AM
G-21

Cdr. Prof. Himanshu
Joshi

6. Brief Description: Under the guidance of Prof. Capt. A. Nagaraj Subbarao (PhD), Dean - School of Commerce and Management Studies, the School of Commerce and Management Studies, Dayananda Sagar University, organized workshop on Life Skills with below objective.

- Objective: Life Skills are essential attributes for a modern-day business professional. They include Survival Skills, and People Skills. These include an interlinked array of Communication skills, interpersonal skills, time management, positive attitude, emotional intelligence, team building & team playing, business etiquette, and social grace. The aim of this presentation was to acquaint students with the values of these attributes. To understand how they can be combined together with Hard Skills and to further understand how the combination acts as an enabler in a professionally successful and rewarding career.
- Resource Person: Prof. Cdr. Himanshu Joshi
- Outcome of the Event: 141 Students participated in the event. The response was encouraging.
- Learning Experience: The outcomes will be known after the students apply behavioural aspects of the skills by integrating them with their knowledge of professional subjects.
- How many attended the event: 141 students.(Attendance Sheet Attached)

7. Photos



8. Feedback from the participants: The students were excited at the prospect of learning about the new skills. They have earlier had exposure to outbound team exercises and were able to appreciate the connection between theory and practice.